

Patient Information Leaflet

PAUSE

Tranexamic Acid Tablets

Please read this patient information leaflet before you start taking PAUSE. This information does not replace talking with your doctor. If you have any questions, please ask your doctor or pharmacist.

What is PAUSE?

PAUSE contains tranexamic acid which belongs to a group of antifibrinolytics. PAUSE prevents excessive bleeding by preventing activation of plasminogen to plasmin which is responsible for breaking of clots. PAUSE is used to prevent or reduce bleeding for a short period of time in different conditions including heavy periods (menorrhagia), nose bleeds (epistaxis), following bladder or prostate surgery, following a surgery to uterine cervix (conisation of cervix), bleeding inside the eye (traumatic hyphaema), tooth removal in hemophiliacs (people who bleed more easily than normal due to deficiency of clotting factor VIII or IX) and a hereditary bleeding disorder known as hereditary angioneurotic oedema.

Who should not take PAUSE?

Individuals who are allergic to tranexamic acid or any other ingredient in PAUSE should not take this drug. Also, individuals with severe kidney failure or those who have clots in their blood vessels (thrombosis) should not take this drug. If you have any of these conditions, please talk to your doctor before taking PAUSE.

What should I tell my doctor before taking PAUSE?

Please tell your doctor about all medical conditions that you have including if:

- You are a woman with irregular menses
- You have kidney disease
- You have blood in the urine
- You have previous history of clots in blood vessels (thromboembolism)
- Any of your family members had developed clots in blood vessels
- You have a condition called hereditary angioneurotic oedema
- You have disseminated intravascular coagulation (DIC) where blood starts to clot throughout the body

Pregnancy and breast feeding:

Although there is no evidence of harm from animal studies, PAUSE can cross placenta and there are no adequate well controlled studies in pregnant women. Hence PAUSE should be used during pregnancy only when clearly needed. PAUSE appears in mother's milk at about 1/100th concentration of the serum. Hence, caution should be exercised while use in lactating mothers.

If you are pregnant or planning to become pregnant or breastfeeding, ask your doctor or pharmacist for advice before taking PAUSE.

Tell your doctor if you are taking any of the following medicines:

- Fibrinolytics drugs (used to dissolve blood clots) such as streptokinase. This is because PAUSE can stop the action of these drugs.
- Any other medicines including medicines without prescriptions.

How should I take PAUSE?

- The right dose of PAUSE will be chosen for you by your doctor. Please take PAUSE exactly as your doctor has told you.
- The exact dose and duration will depend on why you have been prescribed these tablets.
- For children and patients with kidney problem, the dose may be lower than usual.
- If you miss a dose, please do not take double the dose.. Simply take the next dose as planned.
- If you consume too much of PAUSE, then contact your doctor immediately or go to the nearest hospital casualty department.

What are the possible side effects of PAUSE?

- **Stop PAUSE immediately if you notice any changes in your eyesight or an allergic skin reaction and talk to your doctor immediately.**
- Nausea, vomiting and diarrhoea can develop with PAUSE which may reduce on reducing the dose.
- Disturbances in colour vision, allergic reactions and thrombosis have been rarely reported with tranexamic acid.

How should I store PAUSE?

Store in a dry and dark place below 25°C. Protect from light. Keep away from the reach of children.